

# IMSS's foundations for a LTC system

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*Instituto Mexicano del Seguro  
Social (IMSS)*

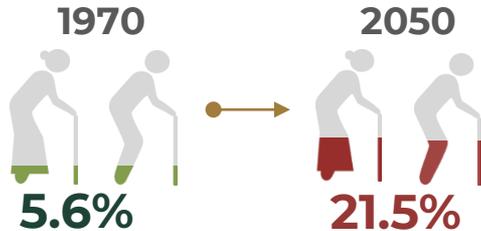
*Mexican Institute for Social  
Security*

October 25th, 2019

# OVERVIEW OF ELDERLY POLICYHOLDERS AT IMSS

## Population ageing and epidemiological transition

Accelerated ageing process



Retirees paid by IMSS



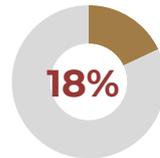
Non-communicable diseases explain most of the deaths reported by IMSS



Source: IMSS, 2018

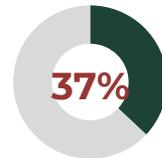
## Healthcare services are saturated and becoming more

Partly explained by and inadequate management of the elderly and limited social care options.

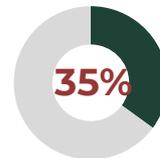


of all policyholders are over 60 years old

and account for:



of family medicine appointments



total days in hospital beds

**34%**

total health expenditure (IMSS)

**> 60 years**

**IMSS average**

**Per capita**  
**\$ 13,019**

**Per capita**  
**\$ 6,729**

## Shortages in the legal framework

Laws pertaining healthcare, social welfare, elderly populations and even social security do not have any references to the creation of long term care systems.

## Mexico is not signatory to key international conventions

Namely, the Inter-American Convention on Protecting the Human Rights of Older Persons (OAS, 2015)

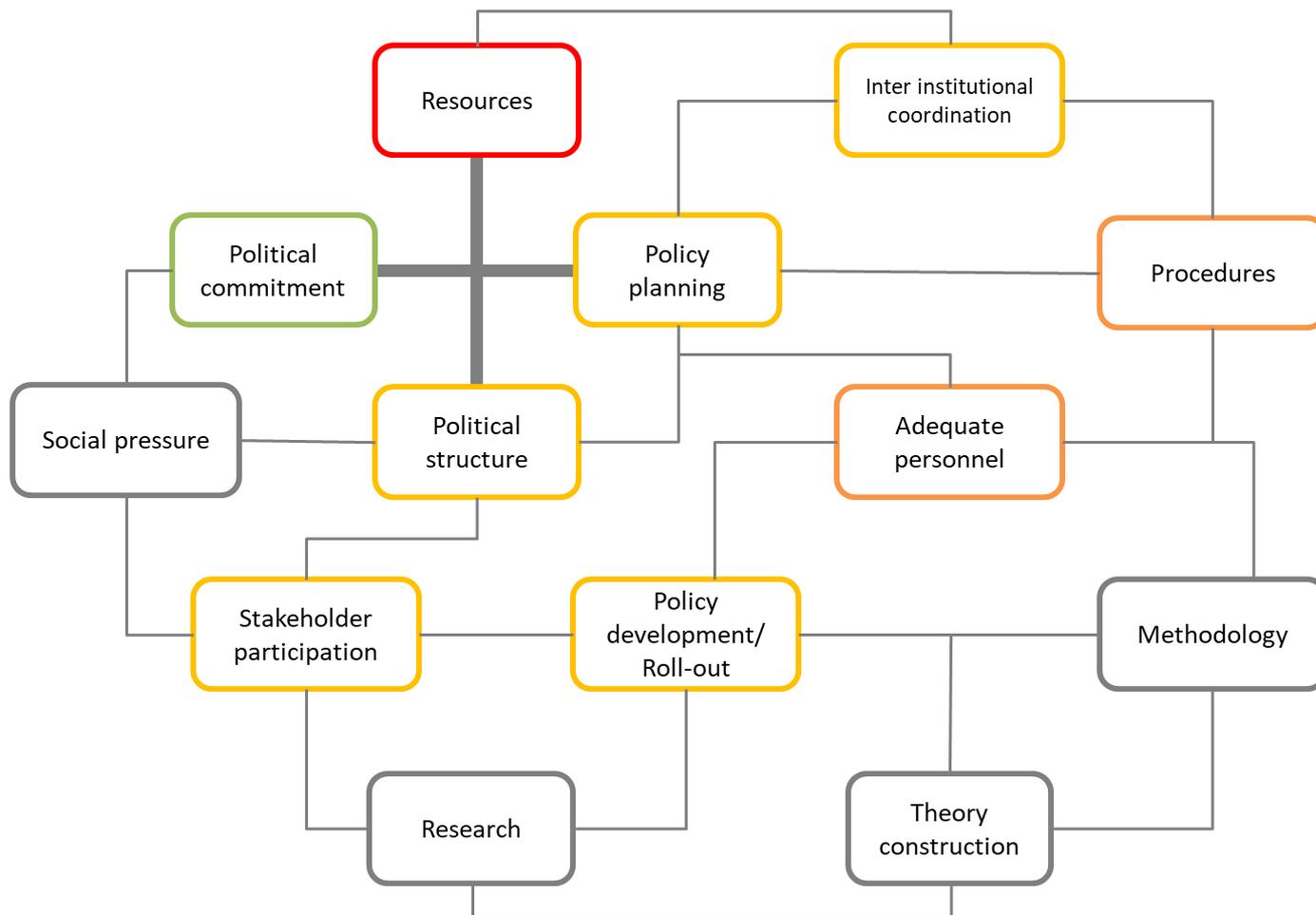
## Mexico is at the end of its demographic dividend

Estimates indicate we have about **15 years** before we face an even more complex situation.

## Gender agenda

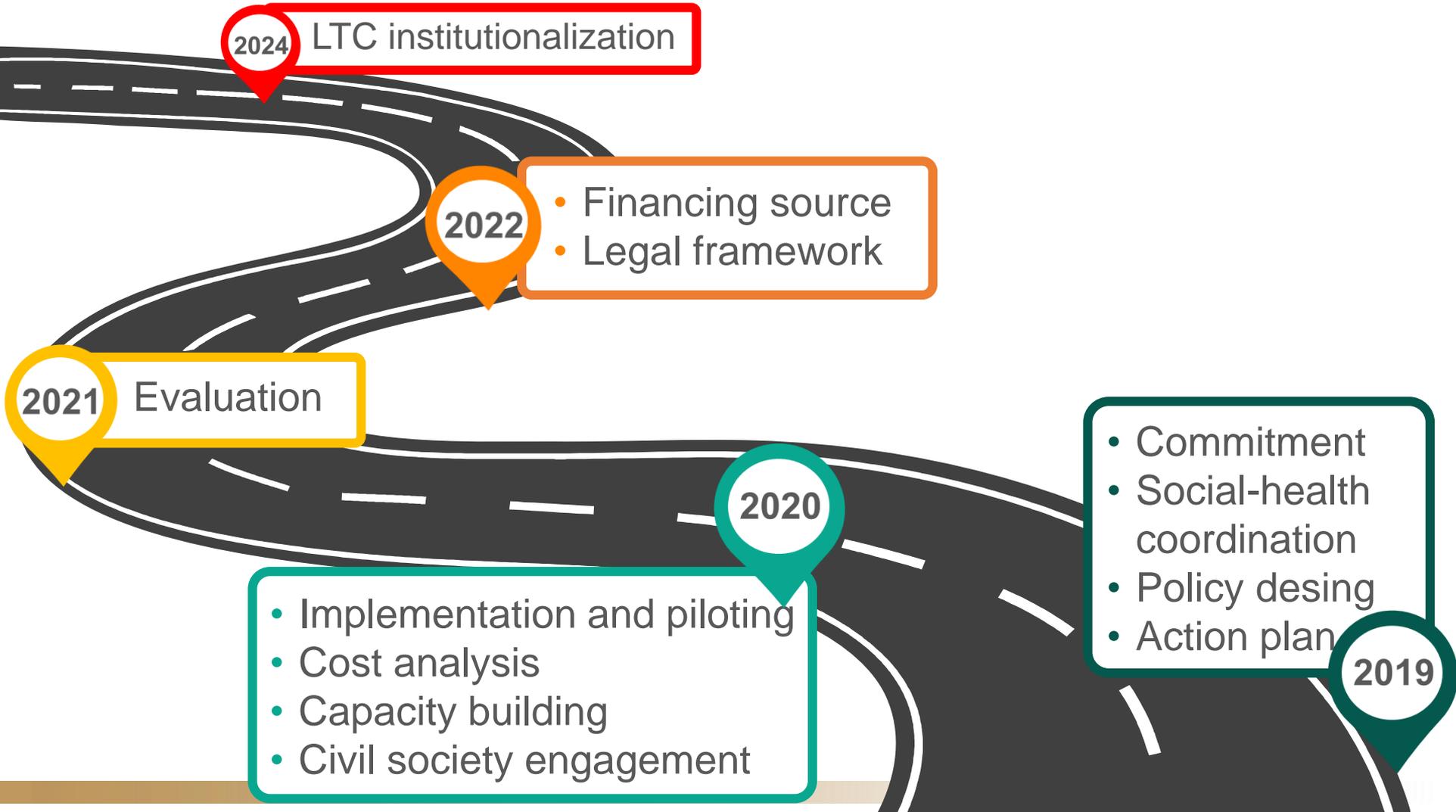
In Mexico's current context, a LTC agenda directly benefits women—who represent 70% of at-home and informal caregivers.

# LTC BUILDING BLOCKS

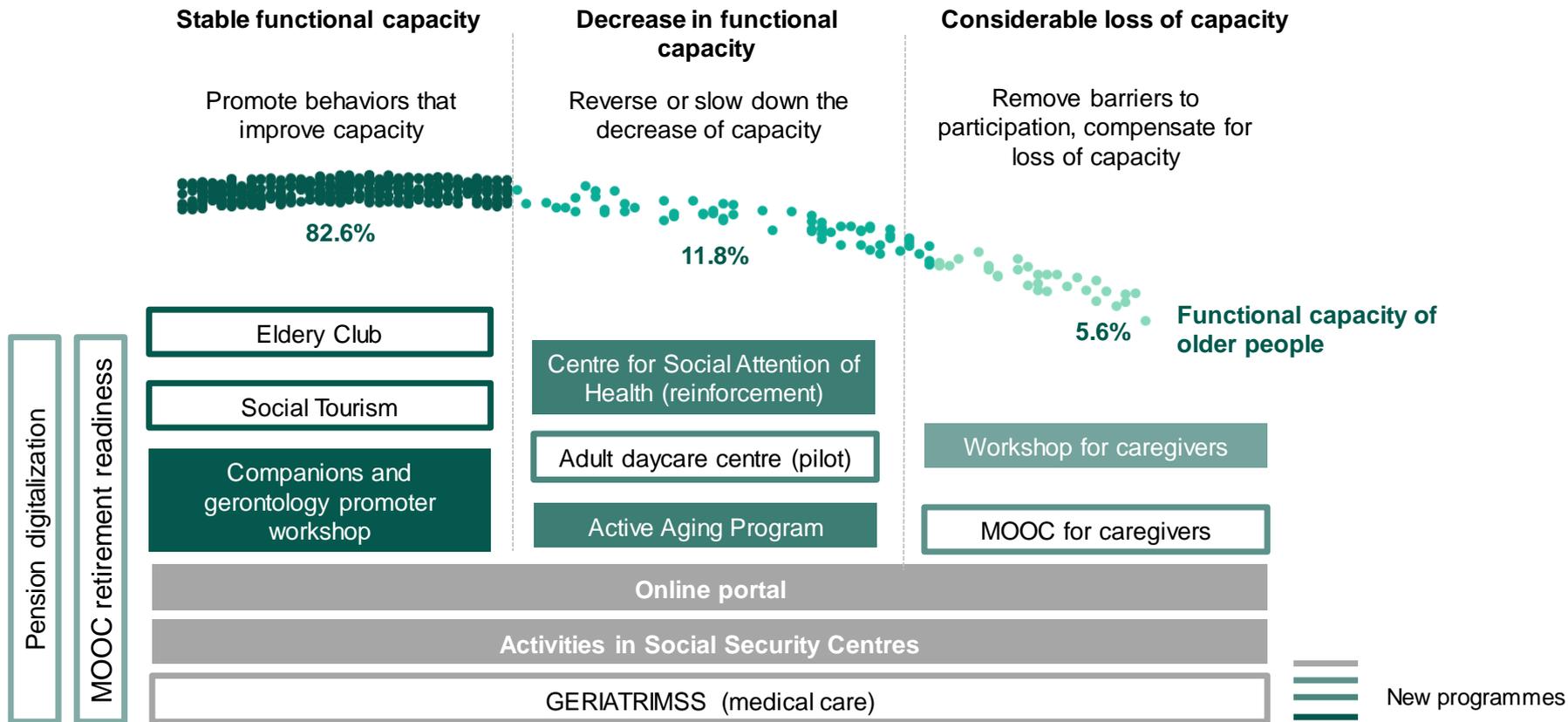


Source: S. Huenchuan (2016). *Envejecimiento e institucionalidad pública en América Latina*.

# LTC SYSTEM TIMELINE



# THERE IS AN UNMET NEED TO CARE FOR THE ELDERLY



# LEVERAGING NEW TECHNOLOGIES

## PASOS A SEGUIR:

### 1 INGRESA

 A Mi Pensión Digital:  
[www.imss.gob.mx/pensiones](http://www.imss.gob.mx/pensiones)

 Registra y valida tu información.

 Conoce el importe estimado de tu pensión.

### 2 ACUDE

 A tu UMF a iniciar tu trámite de pensión.

 Entrega tu documentación y firma la solicitud de pensión.

 Obtén tu resolución de pensión y conoce la fecha de pago.

## Service digitalisation

We simplified pension process and leveraged institutional communication channels.

## MOOC

Open online platform to educate on topics such as:

- Retirement readiness
- Caregiver training



## Webpage

A one-stop shop for all services and information pertaining this population. Institutional information is favoured, but not the only one included.

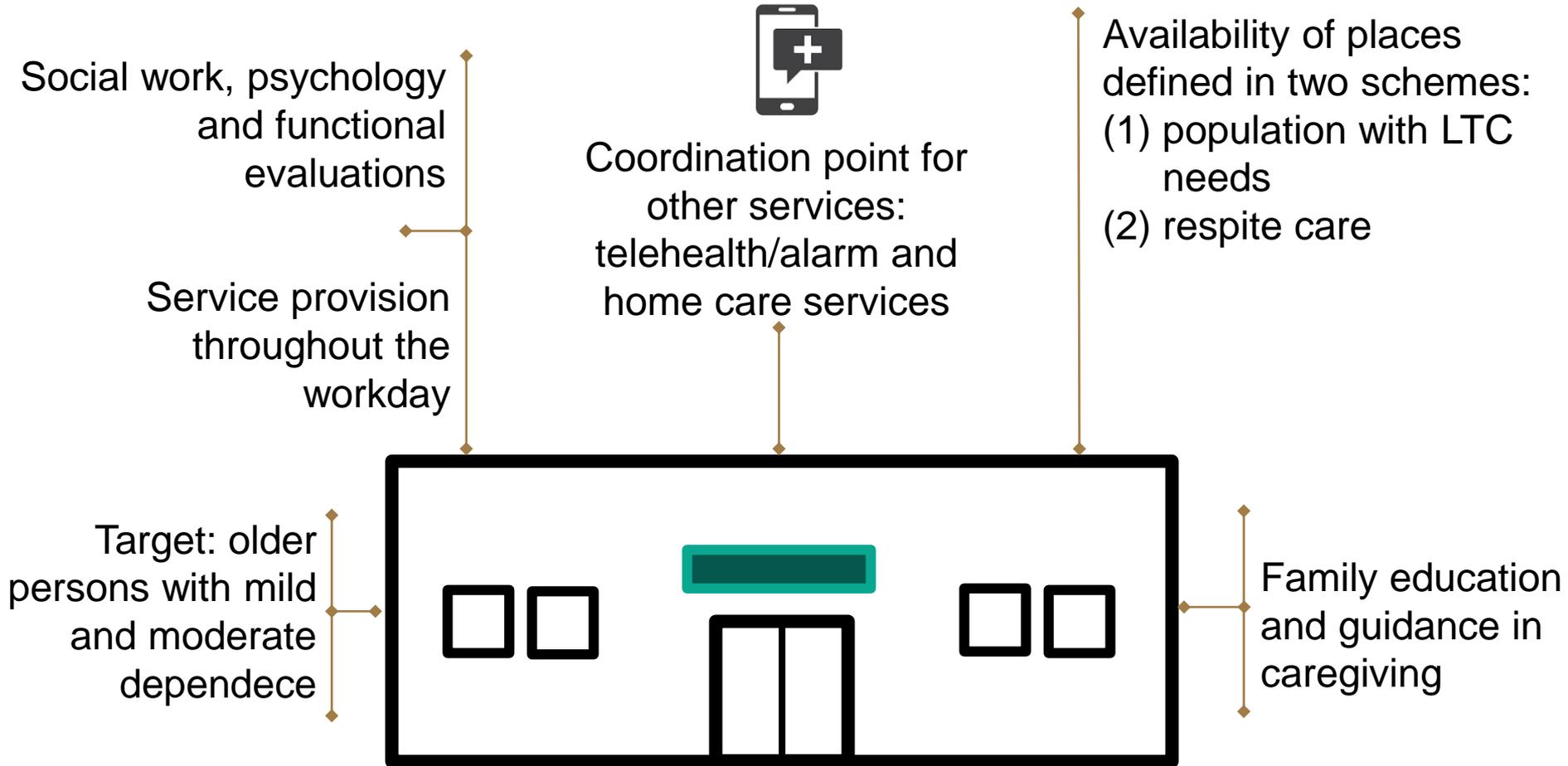
## NEXT STOP: PILOTING

All projects will be **implemented between 2019 and 2020** with two specific goals in mind:

- 1) Defining a stable LTC model, and;
- 2) Obtaining reliable cost analysis.



# IMSS ELDERLY DAY CARE CENTRES



**1 We have a vision**

**We need to envision long term care assistance as a policy priority for the country.**

**2 We want to seize the opportunity**

**We need to work within today's constrictions to have the resources we need tomorrow.**

**3 We are willing to learn**

**Specifically, to make sure we do not repeat past mistakes and create a fragmented LTC system.**